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**FSPA Executive Director**

Wendy Parker Barsell  
(866) 930-3772

August 19, 2010

Dear Florida High School Swim Coach:

The Florida Swimming Pool Association (FSPA) and YMCA Aquatic Center - Orlando announce the **33<sup>rd</sup> Annual FSPA High School Invitational Swimming and Diving Meet** to benefit the Swimming Pool Safety & Education Foundation. We invite your school to participate in this statewide event, which each year draws over 70 teams and close to 2,000 competitors.

The 2010 meet includes the optional Friday *Developmental* program for swimmers whose times do not qualify for participation in the Saturday *Invitational* meet. The Florida Swimming Pool Association hopes that many schools will use the Friday event to introduce their developing swimmers to competition and give them the chance to swim in one of the finest facilities in the country.

Your official information package for the *Developmental* and *Invitational* swim meets as well as the diving competition is enclosed. Information can also be found at [www.FSPASwimMeet.com](http://www.FSPASwimMeet.com). **Please pay special attention to all general information details. No entry forms without payment, no exceptions, and no late entries will be accepted.**

Also enclosed is a hotel list for overnight accommodations and a list of the FSPA Chapters - we encourage your school to contact the local Chapter for sponsorship opportunities.

We look forward to your school participating in this 33<sup>rd</sup> annual event. Deadline for entries is Monday, September 27, 2010 at 5:00 p.m. **No late entries will be accepted.** We will accept changes only for athletes already registered for the meet through October 1, but additions to your team cannot be made after the September 27 deadline. No changes will be made on-site unless there are errors by meet management. Please do not hesitate to contact me directly if you have any questions or require additional information.

Sincerely,

Charis Tyson  
Meet Director

# **2010 FSPA HIGH SCHOOL DEVELOPMENTAL SWIM MEET**

## **DEVELOPMENTAL SWIMMING COMPETITION - GENERAL INFORMATION**

SANCTIONED BY: Florida High School Activities Association

SPONSORED BY: Florida Swimming Pool Association • Phone: (866) 930-3772

HOST TEAM: Boone High School - Orlando, Florida

DATE: Friday, October 8, 2010

PLACE: YMCA Aquatic and Family Center, 8422 International Drive, Orlando, FL 32819 • (407) 363-1911

POOL SPECS: Two 25 yard / 8 lane courses - Fresh water heated - Separate diving well - Nonturbulent lane lines - Colorado automatic timing devices with pads - Duraflex boards

ELIGIBILITY: Open to Florida High School teams by invitation

ENTRY: No entry will be accepted without entry form and payment. Hy-Tek preferred for entries.

**DEVELOPMENTAL MEET ENTRY FEES:**

# of Competitors	1-3	4-19	20 or more
Entry Fee	\$75	\$175	\$225

*Please note, fees are different for Invitational Meet – see next page.*

Fee based on original entry count – NO REFUNDS

Make check payable to: Florida Swimming Pool Association –High School Invitational Swimming & Diving Meet  
Teams not paid in full at time of meet will not be permitted to compete.

ENTRY DEADLINE: Monday, September 27, 2010 (5:00 p.m.)

- No late entries will be accepted.
- NO ADDITIONS can be made after Monday, September 27
- Changes to athletes already entered in the meet can be made through **October 1**, NO ADDITIONS. Written or electronic notification only, voice mail or over the phone changes will not be made.
- No deck changes will be permitted unless Meet Management has made errors.

E-mail Hy-tek entries to: Mitch Norton – [mtnorton@mindspring.com](mailto:mtnorton@mindspring.com)

Mail copy of entries with check to: *(entries without payment will not be considered complete)*

Mitch Norton, FSPA Swim Meet  
6098 Sabal Hammock Circle  
Port Orange, FL 32128  
Phone: (386) 295-7433 Fax: (386) 226-4507

RULES: Current edition of National Federation of High School Associations Swimming and Diving Rules as amended by FHSA.

SWIMMING PROGRAM: 10/8 (Friday) Staggered Warm Up 1:30 p.m. – 3:30 p.m.  
Meet Begins 4:00 p.m.

- Staggered warm-up will be based on 2009 entries and is subject to change. Coaches will be e-mailed the week before the event with the warm-up schedule. It will also be posted at [www.FSPASwimMeet.com](http://www.FSPASwimMeet.com).
- Timed Finals
- Run 2 Pools
- Events will be swum in both pools with the odd numbered heats (1,3,etc.) in the South pool and the even numbered heats (2,4,etc.) in the North pool. No event will start until all heats of the previous events have been swum.
- Schedule of Events to include 2 Relays (No 500 Free)
- No Qualifying Times
- No Diving
- Swimmers may enter a total of 4 events only, 2 of which may be individual events
- Each school is allowed 4 individuals in each event
- Each school is allowed 1 team in each relay event
- If individual swam in Developmental Meet (Fri.), they can only swim relays in Invitational (Sat.)

# 2010 FSPA HIGH SCHOOL INVITATIONAL SWIMMING & DIVING MEET

## GENERAL INFORMATION

SANCTIONED BY: Florida High School Activities Association

SPONSORED BY: Florida Swimming Pool Association

HOST TEAM: Boone High School - Orlando, Florida

TYPE OF MEET: Swimming & Diving Championship  
Championship and Consolation Finals  
Standard High School Order of Events

DATE: Saturday, October 9, 2010

PLACE: YMCA Aquatic and Family Center, 8422 International Drive, Orlando, FL 32819 • (407) 363-1911

POOL SPECS: Two 25 yard / 8 lane courses - Fresh water heated - Separate diving well - Nonturbulent lane lines – Colorado automatic timing devices with pads - Duraflex boards

ELIGIBILITY: Open to Florida High School teams by invitation

ENTRY: No entry will be accepted without entry form and payment. Hy-Tek preferred for entries.

INVITATIONAL MEET  
ENTRY FEE:

# of Competitors (swimming & diving)	1-3	4-19	20 or more
Entry Fee	\$100	\$250	\$300

Fee based on original entry count – NO REFUNDS

Make check payable to: Florida Swimming Pool Association – High School Invitational Swimming & Diving Meet

ENTRY DEADLINE: Monday, September 27, 2010 (5:00 p.m.) No late entries will be accepted.

- NO ADDITIONS can be made after Monday, September 27
- Changes to athletes already entered in the meet can be made through Friday, October 1, NO ADDITIONS. Written or electronic notification only, voice mail or over the phone changes will not be made.
- No deck changes will be permitted unless Meet Management has made errors.

E-mail Hy-tek entries to: Mitch Norton – [mtnorton@mindspring.com](mailto:mtnorton@mindspring.com)  
 Mail copy of entries with check to: *(entries without payment will not be considered complete)*  
 Mitch Norton, FSPA Swim Meet  
 6098 Sabal Hammock Circle  
 Port Orange, FL 32128  
 Phone: (386) 295-7433 Fax: (386) 226-4507

SCORING: Scoring will be for sixteen (16) places as follows:  
 Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2  
 Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

AWARDS: Ribbons 1<sup>st</sup> - 8<sup>th</sup> for individual events and diving. Ribbons first place relays only. Cash contributions will be made to the athletic department of the top 3 schools.

RULES: Current Edition of National Federation of High School Associations Swimming and Diving Rules as amended by FHSAA.

SWIMMING PROGRAM: 10/9 (Saturday)

- 6:00 a.m. Pool open for staggered warm-ups until 8:00 a.m.
- 8:00 a.m. Coaches Meeting
- 8:30 a.m. Swimming Preliminaries
- 4:30 p.m. Pool open for warm-ups until 5:45 p.m.
- 6:00 p.m. Swimming Consolations and Championship Finals

# 2010 FSPA HIGH SCHOOL INVITATIONAL SWIMMING & DIVING MEET

## GENERAL INFORMATION (continued)

### SWIMMING PROGRAM:

1-2	200 yard Medley Relay	13-14	500 yard Freestyle
3-4	200 yard Freestyle	15-16	200 yard Freestyle Relay
5-6	200 yard Individual Medley	17-18	100 yard Backstroke
7-8	50 yard Freestyle	19-20	100 yard Breaststroke
9-10	100 yard Butterfly	21-22	400 yard Freestyle Relay
11-12	100 yard Freestyle		

### QUALIFYING TIMES:

	200 Freestyle	200 IM	50 Freestyle	100 Butterfly	100 Freestyle	500 Freestyle	100 Backstroke	100 Breaststroke
Women's	02:20.48	02:34.01	00:28.57	01:12.18	01:02.72	06:15.50	01:14.90	01:21.33
Men's	02:08.68	02:30.48	00:25.34	01:05.27	00:56.58	06:11.45	01:09.34	01:16.77

- Staggered warm-up will be based on last year's numbers and is subject to change. Coaches will be e-mailed the week before the event with the warm-up schedule. It will also be posted at [www.FSPASwimMeet.com](http://www.FSPASwimMeet.com).
- No qualifying times for relays
- *Swimmers may enter a total of 4 events only, 2 of which may be individual events.*
- Each school is allowed 4 individuals in each event
- Each school is allowed 1 team in each relay event
- If individual swam in Developmental Meet (Fri.), they can only swim relays in Invitational (Sat.)
- Events in Preliminaries will be swum in both pools with the odd numbered heats (1,3,etc.) in the South pool and the even numbered heats (2,4,etc.) in the North pool. No event will start until all heats of the previous event have been swum. Finals will be swum in the South Pool.
- Consolation Final will precede Championship Final
- Alternates who are participating in the Consolation Final must be in starter area, ready to swim

## DIVING COMPETITION

**NUMBER OF DIVES:** Divers will perform a total of 11 Dives; 5 voluntary dives shall come from each of the 5 groups, and shall have a true "dd", and 6 optional dives shall include at least 1 chosen from each of the 5 groups. No more than 1 optional dive from the same group is permitted through semifinals.

**MINIMUM DD:** Minimum dive degree of difficulty is 12.2 (for optional dives only)

<b>DIVE ORDER:</b>	# of Divers	Preliminaries
	1 - 32	Any 2 req. + 3 opt in any order
	Semi-Finals	Finals
	2 req. + 1 opt . in any order	1 req. + 2 opt. in any order

If there are 33 or more contestants the field will be cut to the top 32 divers with the highest cumulative score after 3 rounds of dives. The number of qualifiers for the semi-finals (rounds 6-8) shall be 4 more than the number of places to be scored. (20 semi-finalists). The number of qualifiers for the finals (rounds 9-11) shall be equal to the number of places to be scored. (16 finalists).

**RULES:** Current edition of National Federation of High School Associations Swimming and Diving Rules as amended by FHSAA.

<b>DIVING PROGRAM:</b>	10/8 (Friday)	6:00 p.m. - 8:00 p.m.	Pool open for practice
	10/9 (Saturday)	8:00 a.m.	Girls warm-up until 10:30 a.m.
		9:00 a.m.	Deadline for turning in entry sheets for all Divers
		10:30 a.m.	Girls & Boys, \$5 late fee for entries after 9:00 a.m.
		1:00 p.m.	Girls Competition Begins (10:30 a.m. - 1:00 p.m.)
		2:30 p.m.	Open warm-up Boys
			Boys Competition Begins (2:30 p.m. - 5:30 p.m.)

## How Should You Send in Your Entries? - *Hy-Tek preferred for entries*

**Format** - Entries are preferred via e-mail. Electronic entries must be in Hy-tek Comlink (.CL2) or USA Swimming SDIF (.sd3) format. Free text e-mail entries will not be accepted.

Entries are accepted via e-mail attachment at [Mtnorton@mindspring.com](mailto:Mtnorton@mindspring.com) or mailed on a CD. Corrupted, unreadable, or incorrectly formatted files must be corrected in 48 hours. Entries will not be acceptable until a clean file is received.

Teams submitting paper entry must submit typed entries, no handwritten entries will be accepted.

**Errors** - Errors in entries submitted electronically are the responsibility of the applicant.

Coaches **must** submit a contact phone number, cell phone number and e-mail address that will be checked regularly. Problems encountered with a team that does not supply this information will be resolved at the discretion of the Hy-Tek operator and meet referee.

**Confirmation of Entry Receipt** - For those using Hy-tek, electronic mail confirmation will be sent upon receipt of the file. It will include # of swimmers, # of events, # of relays, # of relay swimmers. No phone confirmations.

For those using paper entries who wish to receive confirmation of receipt, send the entry via FedEx, UPS or Express mail which offers free tracking service. USPS is not recommended.

A list of teams whose entries have been received will be posted on [www.daytonabeachswimming.org](http://www.daytonabeachswimming.org) as soon as possible. A psych sheet will also be posted there as soon as possible and at [www.FSPASwimMeet.com](http://www.FSPASwimMeet.com).

**Questions** - Contact FSPA Entry Manager Mitch Norton on his cell at (386) 295-7433.

### Hy-Tek Steps

- To import meet events in Team Manager, download the files from [www.daytonabeachswimming.org](http://www.daytonabeachswimming.org)
- Make note of where you download the file. The file is zipped and you will have to extract the file. Generally, if you right click on the file you can choose "extract to".
- Then, open Team Manager.
- Next, click on File and then Import and then Meet Events
- Finally, click on the appropriate file you unzipped, depending on which meet you are doing entries for.
- Repeat using the other file if there are athletes in both meets. Now the meets are in Team Manager.
- Set up your entries including your relays by opening each meet and making your choices. This assumes that you already have your athletes set up in Team manager. You should be using it for all your meet entries. It makes the process very simple.
- To export meet entries send them from Team Manager.
- Then, click on File and then Export and then Meet Entries.
- A screen will come up where you can select the meet you want to export entries for - be sure to click the box "Export Relays."
- Then Click OK. This process will create a file -- note the name and location of the file so you can send it again. You will have to repeat this if you are entering athletes in both meets.
- You should end up with two files - one for each meet. It would be best if you would indicate which file is for which meet. You can e-mail the files (preferred) or put them on a CD and include it with your entry. If you e-mail your file, it can be checked right away so if there are any problems, you can make corrections immediately.
- When you send Mitch the e-mail, he will download it and send a confirming e-mail back to let you know how many athletes, entries and relays were imported. **In your e-mail, include your cell phone number and which warm-up you prefer each day (1<sup>st</sup> or 2<sup>nd</sup>) (selection is not guaranteed).**
- You still must to send a paper copy of the entries that you can print off of Team manager with your check to complete the registration process.









## **FSPA High School Invitational Meet**

October 8-9, 2010

### Hotel and local attraction information

Tell these preferred hotel partners that the YMCA sent you  
and receive special pricing!

#### **Rosen Quality Inn International**

7600 International Drive  
Orlando, FL 32819  
407-996-4567  
[www.orlandoqualityinn.com/swim](http://www.orlandoqualityinn.com/swim)

#### **Rosen Rodeway Inn**

6327 International Drive  
Orlando, FL 32819  
407-996-4444  
[www.rodewayinnorlando.com/swim](http://www.rodewayinnorlando.com/swim)

#### **Rosen Quality Inn Plaza**

9000 International Drive  
Orlando, FL 32819  
407-996-8585  
[www.qualityinn-orlando.com/swim](http://www.qualityinn-orlando.com/swim)

#### **Radisson International Drive** (previously Metropolitan Resort)

8444 International Drive  
Orlando, FL 32819  
407-345-0505  
[www.radisson.com/orlandofl\\_internationaldrive](http://www.radisson.com/orlandofl_internationaldrive)

#### **LaQuinta Inn**

8300 Jamaican Court  
Orlando, FL 32819  
407-351-1660  
<http://923.lq.com>

#### **OR**

8504 Universal Blvd.  
Orlando, FL 32819  
407-345-1365  
<http://182.lq.com>

#### **Crowne Plaza Orlando – Universal**

77800 Universal Blvd.  
Orlando, FL 32819  
888-233-9534  
<https://resweb.passkey.com/go/cfymca>

#### **Marriott Courtyard**

8600 Austrian Court  
Orlando, FL 32819  
407-351-2244  
<http://cwp.marriott.com/mcooi/ymca/>

#### **CoCo Key Hotel and Water Resort**

74000 International Drive  
Orlando, FL 32819  
321-206-4378 / [lou.repassy@cocokeyorlando.com](mailto:lou.repassy@cocokeyorlando.com)  
[www.cocokeywaterresort.com](http://www.cocokeywaterresort.com)

#### **Econo Lodge Inn & Suites**

8736 International Drive  
Orlando, FL 32819  
407-345-8195 x5129  
[clopez@dhmhotels.com](mailto:clopez@dhmhotels.com)

#### **Pointe Orlando**

(Restaurants/Shops/Movies/Games)  
9101 International Drive  
Orlando, FL 32819  
407-248-2838  
[www.pointeorlandofl.com](http://www.pointeorlandofl.com)

#### **Fun Spot Action Park**

5551 Del Verde Way  
Orlando, FL 32819  
407-363-3867  
[www.Fun-Spot.com](http://www.Fun-Spot.com)

#### **Wet 'n Wild**

6200 International Drive  
Orlando, FL 32819  
407-351-1800  
[www.wetwildorlando.com](http://www.wetwildorlando.com)

#### **I-Ride Trolley**

7081 Grand National Dr., Suite 105  
Orlando, FL 32819  
407-248-9590  
[www.iritetrolley.com](http://www.iritetrolley.com)

#### **Total Team Wares**

805 South Orlando Avenue, Suite D  
Winter Park, Florida 32789  
[www.totalteamwares.com](http://www.totalteamwares.com)

**UNO Chicago Grill** – [www.unos.com](http://www.unos.com)  
(YMCA preferred restaurant partner)

# Local Chapter Contacts

## **Broward Chapter** – Broward County

Michelle D'Aiuto  
2555 Porter Lake Dr., #106  
Sarasota, FL 34240  
Phone: 866930-3772  
Fax: 941-366-7433  
E-mail: FSPABroward@FloridaPoolPro.com

## **Central Florida Chapter** – Lake, Seminole, Orange and

Osceola Counties  
Steve Bludsworth  
4401 Edgewater Dr.  
Orlando, FL 32804  
Phone: 800-416-6774  
E-mail: FSPACentralFlorida@FloridaPoolPro.com

## **Charlotte Harbor Chapter** – Charlotte County

Andy Mallison  
2811 Tamiami Trail, #P  
Pt. Charlotte, FL 33952  
Phone: 800-569-6774  
Fax: 941-764-6050  
E-mail: FSPACharlotteHarbor@FloridaPoolPro.com

## **East Central Florida Chapter** – Flagler and Volusia Counties

Lynn Hecklinger  
PO Box 730685  
Ormond Beach, FL 32173-0685  
Phone: 386-673-0038  
Fax: 386-673-7734  
E-mail: FSPAEastCentralFlorida@FloridaPoolPro.com

## **Florida Gulf Coast Chapter** – Collier, Hendry, Glades and Lee Counties

Mitch Brooks  
2811 Tamiami Trail, Suite P  
Pt. Charlotte, FL 33952  
Phone: 800-569-6774  
Fax: 941-764-6050 / Toll Free Fax: 800-279-1729  
E-mail: FSPAFloridaGulfCoast@FloridaPoolPro.com

## **Florida West Coast Chapter** – Hernando, Pasco (western portion) and Sumter Counties

Malinda Howard  
PO Box 7081  
Phone: 727-638-6072  
Fax: 727-442-7056  
E-mail: FSPAFloridaWestCoast@FloridaPoolPro.com

## **Greater Miami Chapter** – Dade and Monroe Counties

Michelle D'Aiuto  
2555 Porter Lake Dr., #106  
Sarasota, FL 34240  
Phone: 866930-3772  
Fax: 941-366-7433  
E-mail: FSPAMiami@FloridaPoolPro.com

## **Manasota Chapter** – DeSoto, Highlands, Hardee, Manatee and Sarasota Counties

Andy Mallison  
2811 Tamiami Trail, Suite P  
Pt. Charlotte, FL 33952  
Phone: 800-569-6774  
Fax: 941-764-6050 / Toll Free Fax: 800-279-1729  
E-mail: FSPAManasota@FloridaPoolPro.com

## **North Central Florida Chapter** – Alachua, Bradford, Citrus,

Dixie, Gilchrist, Levy, Marion and Putnam Counties  
Michelle D'Aiuto  
2555 Porter Lake Dr., #106  
Sarasota, FL 34240  
Phone: 866930-3772  
Fax: 941-366-7433  
E-mail: FSPANorthCentralFl@FloridaPoolPro.com

## **Northeast Florida Chapter** – Baker, Clay, Columbia, Duval, Nassau, St. Johns and Union Counties

John Garner  
10221 Beach Blvd.  
Jacksonville, FL 32246  
Phone: 800-548-6774  
E-mail: FSPANortheastFlorida@FloridaPoolPro.com

## **Northwest Florida Chapter** – Bay, Calhoun, Escambia,

Franklin, Gadsden, Gulf, Hamilton, Holmes, Jackson, Jefferson, Lafayette, Leon, Liberty, Madison, Okaloosa, Santa Rosa, Suwannee, Taylor, Wakulla, Walton and Washington Counties  
Mack Crumpler  
153 4<sup>th</sup> Avenue  
Crestview, FL 32539  
Phone: 850-902-1151  
E-mail: FSPANorthwest@FloridaPoolPro.com

## **Palm Beach Chapter** – Palm Beach County

Doris Rohner  
3031 SW 108 Way  
Davie, FL 33328  
Phone: 888-818-9618 or 954-723-0937  
Fax: 954-370-0507  
E-mail: FSPAPalmBeach@FloridaPoolPro.com

## **Polk County Chapter** – Polk County

Michelle D'Aiuto  
2555 Porter Lake Dr., #106  
Sarasota, FL 34240  
Phone: 866930-3772  
Fax: 941-366-7433  
E-mail: FSPAPolkCounty@FloridaPoolPro.com

## **Space Coast Chapter** – Brevard County

Dominick Montanaro  
465 Glenwood Ave.  
Satellite Beach, FL 32937  
Phone: 800-548-6774  
E-mail: FSPASpaceCoast@FloridaPoolPro.com

## **Tampa Bay Chapter** – Hillsborough, Pasco (eastern portion) and Sumter Counties

Michelle D'Aiuto  
2555 Porter Lake Dr., #106  
Sarasota, FL 34240  
Phone: 866930-3772  
Fax: 941-366-7433  
E-mail: FSPATampaBay@FloridaPoolPro.com

## **Treasure Coast Chapter** – Indian River, Martin, Okeechobee and St. Lucie Counties

Susan Gilbert  
PO Box 376  
Port St. Lucie, FL 34984  
Phone: 772-263-2653  
Fax: 772-288-3571  
E-mail: FSPATreasureCoast@FloridaPoolPro.com